

The 36th Annual Washington Spring Ball
May 15, 2022

Dance Instructions

Conventions used in dance descriptions unless otherwise indicated:

; indicates the midpoint of the music.

Turn = 2-hand turn, once round.

Circle = circle left, once round.

Cross = change sides of the set by right shoulder, face out.

Change = change sides by right shoulder, face back in.

CW = clockwise.

CCW = counter-clockwise.

Circular hey is without hands.

L = left.

Left file = those on the side of the set when facing across whose left shoulders are nearer the stage.

R = right.

Right file = those on the side of the set whose right shoulders are nearer the stage.

Right shoulder around = turn without hands, 'holding' eyes.

Rights & lefts is with hands.

Side = 'swirly' siding, over by the left and back by the right.

Side-by-side = 'historical' siding.

Dances in 3/2 or 3/4 time have 3 steps to each bar of music. 'Graphite' has 4 steps to the bar. All other dances have 2 steps to the bar.

Dates given represent the dates or range of dates for original publication of the dance. More recently composed dances include the choreographer's name followed by the date of the dance.

Alice

duple minor longways 3/4

Philippe Callens (2002)

Written for Alice Markham

Music: "Siciliano" by Georg Telemann

- A1 1-4 1st corners set; right-hand turn 1/2.
- A2 1-4 2nd corners set; right-hand turn 1/2.
- B 1-2 Face partner: All fall back 2 single steps.
- 3-4 Partners cross, turn right into
- 5-8 Single file circle CW once round.
- 9-12 All turn partner.

Braes of Dornoch

3 couple longways 2/2

Johnson (1757), Bolton reconstruction

- A 1-4 1s lead down through bottom couple & cast up to middle place (2s dance up).
- 5-8 1s turn.
- 9-12 1s lead through top & cast down to middle place.
- 13-16 1s turn $\frac{3}{4}$, acknowledge partner; then turn over R shoulder to face respective end couple, take hands in wavy lines as in Scottish 'double triangles.'
- B 1-2 All set forward & back in wavy lines.
- 3-5 1s turn person in left hand by left.
- 6-8 1s turn other person by right not quite all the way around until 1s end in middle place on original side.
- 9-12 All back to back with partners.
- 13-16 Bottom 2 couples (original 1s & 3s) face partner, 3 changes of rights & lefts *while* top couple turn. [2, 3, 1]

Candles in the Dark

duple minor longways 3/4

Loretta Holz (2007)

Music by Jonathan Jensen

A1 1-4 1s begin R hand in R: 1st corner on L file 'hands' partner into 1/2 figure 8 down.

5-8 (from these places) 2nd corner on R file hands near dancer on side into 1/2 figure 8 across.

A2 1-4 (from these places) 2nd corner on L file hands near dancer on side into 1/2 figure 8 across.

5-8 (from these places) 1st corner on L file hands partner into 1/2 figure 8 down.

B1 1-4 Mirror back-to-back: 2s dance down between 1s.

5-8 All circle.

B2 1-4 Mirror back-to-back: 1s dance up between 2s.

5-8 All with partner, dance right shoulder around 1 1/2.

Cockle Shells

duple minor longways 2/2

Playford (1701), Bolton reconstruction

A1 1-4 1st corners R hand turn.

5-8 1s L hand turn.

A2 1-4 2nd corners L hand turn.

5-8 2s R hand turn.

B1 1-4 1st corners change; 2nd corners change.

5-6 Circle left 1/2.

7-8 1s cast down (2s dance up).

B2 1-4 1s 1/2 figure 8 down through next 2s below.

5-8 1s turn 1 1/2 to end on original side.

Graphite

duple minor longways 4/4

Melissa Running (2006)

Music by Josh Burdick

A1 1-2 1s dance up a double; set to each other.

3-4 1s face down, dance forward a double; turn single away, face out with neighbor.

A2 1 Neighbors dance out a double,

2 set to each other,

3 dance in a double, &

4 cloverleaf turn single (1s up, 2s down).

B1 1-2 Spiral corner cross: all 4 spiral inwards (as in chase halfway CCW, draw to center) & fall back in corner's place.

3-4 Double 1/2 figure 8 to a line of 4: 2s cast & cross up to middle of a line of 4 *while* 1s cross up and cast to ends, all face up.

5-6 Up a double; & fall back.

7-8 1s quick cast down, *while* 2s dance up & separate to side of set.

Hazelfern Place

duple minor longways 6/8

Brooke Friendly and Chris Sackett (2006)

Music: "La Maison de Glace" by Réjean Brunet

A1 1-4 All back to back with partner.

5-8 All turn partner.

A2 1-4 Face neighbor: Mirror back to back, 2s dance between 1s.

5-8 Mirror turn 1 1/4 with neighbor, 2s dance between 1s (1s flip to face up on ends of line of 4).

B1 1-4 Up a double; & back.

5-8 2s lead up & cast down to same middle place facing down *while* 1s cast down, cross up & cast to other end of line of 4, all face down the hall.

B2 1-4 Forward a double; & back.

5-8 2s lead down & cast up to progressed place *while* 1s cast up & cross down.

A Jig for Joanna

duple minor longways 6/8

Dan Blim (2012)

A1 1-4 All set to partner; turn single R.

5-8 Right file dance across (pass partner R shoulder), chase CW to progressed places.

A2 1-4 All set to person across; turn single R.

5-8 Left file dance across (pass opposite by R shoulder), chase CW to progressed places.

B1 1-4 Those on 2nd diagonal, change R shoulder; those on 1st diagonal change R shoulder.

5-8 All back to back with partner.

B2 1-4 Face partner: 2 changes rights & lefts.

5-8 All turn partner.

Katharine Street

duple minor longways 6/8

Walsh (1718)

A1 1-4 All back to back with neighbor.

5-8 All back to back with partner.

A2 All turn neighbor.

5-8 All turn partner.

B1 1-4 Face on diagonal: set forward, turn single R.

5-8 (clap on first beat of phrase) All circle, all face down.

B2 1-4 Double 1/2 figure 8: 1s cross down, cast up *while* 2s cast up, cross down.

5-6 1s dance down *while* 2s cast up.

7-8 All turn partner 1/2 to original side.

Key to the Cellar

triple minor longways 3/2
Jenny Beer (2004)

- A1 1-4 1s cast down to middle place (2s move up); 3s gate turn 1s down and around.
- A2 1-4 Lines on the side, forward & back; 2s gate turn 1s up and around.
- B1 1-4 Heys for 3 across the set: 1s dance to own R to give L shoulder to 1st corner.
- B2 1-4 1s dance R shoulder around; All turn partner.

Maiden Lane

3 couple longways set 2/2
The Dancing Master (1675)

Part I

- A Face up: All up a double & back; that again.
- B Parallel heys on side: 1s face down, pass 2s by right shoulder to begin.
- C Face partner: set & turn single; that again.

Part II

- A Side by side siding with partner, right then left.
- B Face partner: lines fall back, change; that again.
- C Face partner: set & turn single; that again.

Part III

- A Arm right with partner; arm left.
 - B Progression: top 1st diagonal change, top 2nd diagonal change *while* 3s change with each other; bottom 2nd diagonal change, bottom 1st diagonal change *while* 2s (at top) change with each other. [2, 3, 1]
 - C Face partner: set & turn single; that again.
- Repeat entire dance 2x more.

Sapphire Sea

duple minor longways, 2/2

Christine Robb (2015)

Music: "Tom Kruskal's" by Amelia Mason & Emily Troll

A 1-4 All circle.

5-8 1st corners R hand turn.

9-12 2nd corners L hand turn.

13-16 1s cast down into the middle of the line of 4 *while* 2s lead up and cast to ends, all face 1st diagonal R file dancer.

B 1-8 Dolphin hey: 1s dance as a unit and pass R shoulder with 1st diagonal R file dancer to begin, end in line of 4, face up.

9-12 Up a double; & back.

13-16 2s gate turn 1s up and around, let go a bit early to 'drift' into opening circle.

Sarah

duple minor longways 3/2

Gary Roodman (1998)

Music "Agatha" by Erasmus Widman (1631)

A1 1-4 Those on 1st diagonal R hand turn 1 1/2, face original neighbor.

5-7 Same dancers dance CW halfway outside set (pass neighbor by R shoulder) to original place.

8 All change with partner. [all now on opposite side of set]

A2 1-4 Those currently on 1st diagonal, similarly: R hand turn 1 1/2, face original neighbor.

5-7 Same dancers dance CW halfway outside set (pass neighbor by R shoulder) to place where phrase began.

8 All change with partner. [all home]

B 1-2 All circle left halfway.

3-4 With neighbor, fall back.

5 Dance forward toward partner.

6-8 3 changes of circular hey.

9-12 1s cast down, 1/2 figure 8 up, end in progressed place, face down *while* 2s 1/2 figure 8 up, lead up to progressed place.

13-14 Cloverleaf turn single, 1s down and 2s up.

Slaughter House

duple minor longways 6/8
The Dancing Master (1703)

- A1 1-4 1st corners with top R file dancer circle L.
5-8 1st corners with bottom L file dancer circle L.
A2 1-4 1s cross, cast into middle of line of 4 facing up (2s follow 1s to cast to ends of line).
5-8 All dance up a double; fall back and bend line to reform set, 2s above.
B 1-4 1s 1/2 figure 8 up through 2s.
5-8 All face partner: 3 changes of circular hey.
C 1-4 1s lead down through 2s & cast back up.
5-6 All with partner: clap together, right, together, left.
7-8 1s cast down (2s dance up).

Sweet Potato Pie

duple minor longways 6/8
Sharon McKinley (2014)
Music by Jonathan Jensen

- A1 1-4 All R hands across once round.
5-8 All with partner CW half-poussette (1st corners dance forward).
A2 1-4 With next couple L hands across once round.
5-8 All with partner CW half-poussette (original 2nd corners dance forward). [all home]
B1 1-4 All back to back with neighbor.
5-8 All circle left 1/2; fall back.
B2 1-4 1s 1/2 figure 8 up through 2s.
5-8 2s 1/2 figure 8 down through 1s.

Trip to Totality

duple minor longways 2/2

Joseph Pimentel (2017)

Music by Dave Wiesler

<https://www.fsgw.org/resources/Programs/ECD%20Spring%20Ball/Trip.To.Totality.pdf>

A1 1-4 1st corners R hand turn.

5-8 Previous 1st corners L hand turn.

A2 1-4 2nd corners L hand turn.

5-8 Previous 2nd corners R hand turn.

B1 1-2 Face partner: balance forward; and as balance back 2nd corners face each other.

3-4 2nd corners change.

5-8 All dance R shoulder around with partner.

B2ish 1-4 All R hands across once round.

5-6 1st corners cast L *while* 2nd corners R hand turn ~5/8.

C Full hey for 4: All pass original neighbor L shoulder, dance full hey into progressed places.

The Two Cousins

circle mixer 3/2

Wil van den Berg (1993)

Music "*Paspie Menuet*" from *Speelmansboek van Tongeren*

A1 1-2 Partners "*Two Cousins*" siding L shoulder: start 'swirly' siding over by L shoulder (3 steps); then curve in to meet R shoulder to R shoulder (3 steps).

3-4 Partners dance right shoulder around 3/4 to partner's place.

5-6 Partners balance forward; & back.

7-8 All turn single R.

A2 1-8 All repeat to end in original place (again start L shoulder).

B1 1-4 Partners take inside hands, promenade CW.

5-6 Turn toward each other to face CCW & fall back.

7-8 Turn single away (inside dancer CW, outside dancer CCW).

B2 1-4 Partners promenade CCW.

5-6 Turn to face CW & fall back.

7-8 Inside dancer turn single R *while* outside dancer cast L to new partner.

Well Donne

duple minor longways 6/8

Jenna Simpson (2019)

Music: "Poet Laureate," traditional

<https://www.fsgw.org/resources/Programs/ECD%20Spring%20Ball/Poet.Laureate.pdf>

A1 1-2 All set to partner.

3-4 1s cast down (2s dance up).

5-8 1s dance down through next 2s and cast into 2nd place.

A2 1-2 All set to partner.

3-4 2s cast down (1s dance up).

5-8 2s dance down through next 1s and cast into 2nd place.

B1 1-2 In lines on the side, all dance forward a double.

3-4 As all fall back, 1s 'roll away' 2s up through middle of set.

5-8 2s gate turn 1s up and around 1 1/4 to line of four, face up.

B2 1-4 Line of four up a double; & back (bend line to reform set).

5-8 All turn partner.

Yellow Stockings

duple minor longways 9/8

Neal (1726)

A1 1-4 1st corners turn twice (crossed hands work well).

A2 1-4 2nd corners turn twice.

B1 1-2 1s take 2 hands, slip down the set & back.

3-4 1st cast down to 2nd place (2s dance up).

B2 1-4 All face partner: 4 changes of a circular hey.