

The 38th Annual
Washington Spring Ball



Saturday, April 27, 2024

Washington Spring Ball 2024

Music by Reelplay

Dave Marcus (concertina)

Robbin Marcus (keyboard)

with Paul Oorts (fretted instruments)

- Ball co-chairs:** Joanie Blanton & Nancy English
Registration: Mo Brachfeld
Flier: Joanie Blanton
Website: Linda Marshall, Lynn Baumeister
& Mo Brachfeld
Hospitality: Bob Mathis
Program books: Susan Farrer
Decorations: April & Jerry Blum
Name tags: Joanie Blanton

Special thanks to these and many other volunteers,
the Silver Spring Civic Center staff,
and a generous grant from the
Montgomery County Community Access Program

To protect the floor, please bring clean, soft-soled
dance shoes.

2024 Ball Order

Jack's Health

Swept Away

Mister Isaac's

Maggot

Lovers' Knot

Hudson Barn

Double Visit

Money Musk

First String

Mary K

BREAK

SaltySweet

Gigue for Genny

Up With Aily

Pacific Crest

The Old Batchelor

Portsmouth

Heartfelt

Michedonia

Dances in 3/2 or 3/4 time have 3 steps to each bar of music. All other dances have 2 steps to the bar.

Dates given represent the dates or range of dates for original publication of the dance. More recently composed dances include the choreographer's name followed by the date of the dance.

Dance Description Conventions

Unless otherwise indicated:

;
; = the midpoint of the music

Turn = 2-hand turn, once round

Circle = circle left, once round

Cross = change sides of set by right shoulder, face out

Change = change sides by right shoulder, face back in

CW = clockwise

CCW = counter-clockwise

Circular hey is without hands

L = left

Left file = when facing across the set, those whose left shoulders are nearer the stage

R = right

Right file = when facing across the set, those whose right shoulders are nearer the stage

Right/Left shoulder siding = meet R/L shoulder, fall back

Right shoulder around = turn without hands, “holding” eyes

Rights & lefts is with hands

Side = swirly siding (over by the left and back by the right)

Double Visit

Duple minor improper longways mixer, 6/8
Philippe Callens, 1999

Music: "Captain Tom," published Walsh, 1711

- A1 1-4 All lead up a double & fall back
5-8 All set and change with partner
- A2 1-4 All lead down a double & fall back
5-8 All set and change with partner
- B 1-4 Take hands in line, all fall back a double;
dance forward a double
5-8 All dance back-to-back with partner
9-10 All set to partner
11-12 All side with partner
13-18 All R-hand turn with partner, then all
progress one place CW along the set
(dancers at end progress to opposite side)



First String

2-couple longways set, 6/8

Loretta Holz, 2011

Music: "The Gates of Heck" by Dave Wiesler

- A1 1-4 All lead up a double & fall back; set to partner and turn 2 hands 1/2 way
- A2 5-8 All lead down a double & fall back; set to partner and turn *CCW* 2 hands 1/2 way

Chorus:

- B1 1-2 1st corners L-hand turn 3/4 (take partner's R hand to make diagonal line)
- 3-4 Balance the line
- 5-6 All R-hand turn 1/2 with partner
- 7-8 Leading corners followed by partner chase two places CW (following dancers finish chase where they began it, and all are progressed)

Continued . . .

- B2 1-8 *That again from these places, thus:*
 1-2 Dancers on 1st diagonal L-hand turn 3/4
 (take partner's R hand to make diagonal
 line)
 3-4 Balance the line
 5-6 All R-hand turn 1/2 with partner
 7-8 Leading corners, followed by partner,
 chase two places CW (following dancers
 finish chase where they began it; and all
 are home)
- A3 1-4 All R-shoulder siding with partner; set to
 partner and turn 2 hands 1/2 way
- A4 5-8 All L-shoulder siding with partner; set to
 partner and turn *CCW* 2 hands 1/2 way
- Chorus
- A5 1-4 All arm R with partner; set to partner and
 turn 2 hands 1/2 way
- A6 5-8 All arm L with partner; set to partner and
 turn *CCW* 2 hands 1/2 way
- Chorus



Gigue for Genny

3-couple longways set, 6/8

Dan Herr, 1975

for Genny Shimer

Music: "Greenholm," traditional

- A1 1-4 1s R-hand turn
5-8 1s long cast as 2 dance up
- A2 *skipping contra corners, thus:*
1 1s pull by R
2-4 1s turn 1st corner by L
5 1s R-hand turn 1/2
6-8 1s turn 2nd corner by L, 1s cross (L) to
middle of own side to begin...
- B1 1-8 L shoulder hey for 3 on own side
(1s finish in middle place)
- B2 1-4 All R-hand turn with partner
5-6 2s at top set *while* bottom R diagonal
change
7-8 2s turn single R *while* bottom 4 cast
1 place CW around foursome (finish in
order 2-3-1)



Heartfelt

Duple minor longways, 3/4

Jenna Simpson, 2020

Music: "22 More" by Dave Wiesler

- A 1-2 1s R-hand turn 3/4 and retain hands *while*
2s take 2 small side steps up to form a
diamond
- 3-4 1s balance to each other
- 5-8 1s pass R shoulder, loop R around standing
2s to end in starting place in diamond
formation
- B 1-2 All join hands, balance the diamond
- 3-4 All petronella turn 1 place CCW (1s end on
sidelines, 2s in middle)
- 5-8 2s pass R shoulder, loop R around standing
1s, dance through starting place in diamond
to face original corner, ready for...
- C 1-6 Dance 6 changes of L-shoulder hey, end in
line of 4 facing up (1s in the middle, 2s on
the end, all on opposite of original side)
- 7-8 Line of 4 dance up 6 steps
- D 1-2 Line of 4 fall back, bend into a ring
- 3-4 All circle L 1/2, open to sidelines
- 5-8 Partners start: 3 changes of circular hey

Hudson Barn

Duple minor longways, 3/4

Jacqueline Schwab and Charles Hammond, 1974

Music: "Dance to Your Daddy," traditional

- A1 1-4 All circle
5-6 All L-hand star 1/2
7-8 1st corners cross-hand turn CCW 1 1/2
- B1 1-4 All circle R
5-6 All R-hand star 1/2
7-8 2nd corners cross-hand turn CW 1 1/2
(all progressed and on opposite side)
- A2 1-4 All dance back-to-back with neighbor
5-6 All handy hand turn 1/2 with neighbor (1s up outside)
7-8 1s 1/2 figure 8 down through 2s
- B2 1-2 1s lead down, turn alone
3-4 1s lead up
5-8 1s cast to 2nd place and turn *while* 2s turn 1 1/2 as they move up the set



Jack's Health

Duple minor longways, 6/8
Dancing Master I, 1679-1728
Music: "Bolt the Door"

- A1 1-4 1s cross R shoulder and dance down to
2nd place as 2s dance up
5-8 1s turn, end on partner's side
- A2 1-4 All dance back-to-back with neighbor
5-8 All fall back a double with neighbor; set
- B1 1-4 All dance forward, turn single cloverleaf
(1s down, 2s up)
5-8 Partners start: 2 changes rights & lefts
- B2 1-4 2 more changes rights & lefts
5-8 All turn partner to end on own side of
dance (1s once and a half, 2s once)



Lovers' Knot

Duple minor improper longways, 6/8

Jim Kitch, 1986

Music: "Indian Point" by Rick Mohr

- A1 1-4 Double Mad Robin CW, 1st corners slide
R in front of neighbor to begin
5-8 1/2 poussette CW, 1st corners dance
forward to begin
- A2 1-4 All circle L 3/4
5-8 All turn partner 1 1/2 on the side
- B1 1-8 Full hey for 4, pass L shoulder on
1st corner to begin
- B2 1-4 All R-shoulder around with partner on
the side
5-8 Those on 1st corner start L-hand star 3/4;
others fall in behind partner



Mary K

Duple minor improper longways, 3/2

Gary Roodman, 2003

Music: "Scherzo in C minor" by Dave Wiesler 1999

- A1 1-3 2nd corners cast R around neighbor to other corner's place
4 All turn partner 1/2 on the side
- A2 1-3 Those now on 2nd diagonal cast R around partner to other corner's place
4 All turn neighbor 1/2 on the side
- B1 1-2 All circle L 1/2; fall back with neighbor
3-4 All cross R shoulder with partner; loop R to face across to partner
- B2 1-2 Partners start: 2 changes rights & lefts
3-4 All turn partner (1s now face up, 2s face partner; all progressed and on original side)
- C *"Petits Fours" thus (dance strongly with crisp pivots on the 3rd beat of each measure):*
1-2 1s lead up, fall away to side *while* 2s fall back and dance down
3-4 1s dance down outside and lead in to meet *while* 2s meet and lead up
5-6 1s dance down through next neighbors and fall away to side *while* 2s fall back and dance up around next neighbors
7-8 1s dance up outside and lead in to meet *while* 2s meet and lead down

Michedonia

Duple minor longways, 2/2

Dan Blim, 2014

Music: "Hora ca la Caval," traditional

- A1 1-4 1s cast down and set as 2s dance up
5-8 1s 1/2 figure 8 up through 2s
- A2 1-4 Repeat from these places: 2s cast down
and set as 1s dance up
5-8 2s 1/2 figure 8 up through 1s
- B1 1-2 2nd diagonals change R shoulder
3-4 Turn partner 1/2 on the side
5-6 Those now on 2nd diagonals change
R shoulder
7-8 Turn neighbor 1/2 on the side
- B2 1-4 All circle
5-8 All turn partner



Mister Isaac's Maggot

Duple minor longways, 3/2
Dancing Master I, 1695

- A1 1-2 1st corners R-hand turn 1/2
3-4 Original top corner continue CW arc,
dance outside of set behind neighbor
back to place *while* other corner dance
inside set back to place
- A2 1-2 2nd corners L-hand turn 1/2
3-4 Original top corner continue CCW arc,
dance outside of set behind neighbor
back to place *while* other corner dance
inside set back to place (all end close to
partner)
- B 1-2 All fall back with neighbor
3 All dance toward partner
4 All turn single R
5-6 Partners start: 2 changes circular hey
7-8 Pass partner R shoulder to end in line
of 4 facing up, 1s in the middle and 2s
on the end
9-10 Line of 4 lead up a double & fall back
11-12 2s gate 1s up and around

Money Musk

Triple minor longways, 2/2

Music by Daniel Dow, 1776

- A1 1-4 1s R-hand turn 1 1/2
- A2 1-2 1s cast down to 2nd place as 2s dance up
3-4 Lines of 3 on the side balance
- B1 1-4 1s R-hand turn 3/4; fall into lines of 3
across the dance
- B2 1-2 Balance the line
3-4 1s R-hand turn 3/4
- C 1-4 2s and 1s right and left through, no hands
(in shoulder-to-shoulder courtesy turn,
dancer on the left dances backward)
- 5-8 That again



The Old Batchelor

Duple minor longways, 6/8
Dancing Master I; Walsh, 1718-1760

- A1 1-4 1s cross, dance down, and meet in the middle of a line of 4, facing up
5-8 Line of 4 lead up a double & fall back
- A2 1-4 Side with neighbor (1s pull back R shoulder to face partner)
5-8 1s turn 1 1/4 (end with original R-file dancer above)
- B 1-2 1s open to include 2nd R-file dancer, circle 4 steps
3-6 1st R-file dancer open to include remaining dancer, circle until 1s are above
7-8 All turn single R
9-10 Partners start: 2 changes of a circular hey
11-12 1s change by R shoulder to own side



Pacific Crest

or

Mister Bruce Edwards' Return to Glen Echo

4-couple square set mixer, 2/2
Melissa Running, 2011, revised 2023
Music: Melissa Running

- A1 1-4 Heads: Partners start 2 changes rights & lefts (retain L hand after 2nd change to face out nearest side)
5-8 Heads dance 1/2 figure 8 through side couples to end in partner's original place
- A2 1-4 Sides: Partners start 2 changes rights & lefts (retain L hand after 2nd change to face out nearest side)
5-8 Sides dance 1/2 figure 8 through head couples to end in partner's original place
- B1 1-8 Grand square (sides face to begin)
- B2 1-4 All join hands and lead in with current partner; fall back with new partner
5-8 All turn new partner, moving to L-hand dancer's home place (1/8 of circle CW)

Portsmouth

Duple minor longways, 2/2
Dancing Master I, 1701

- A1 1-8 1st corners pass R shoulder to begin full
hey for three on the R file
- A2 1-8 2nd corners pass L shoulder to begin full
hey for three on the L file
- B1 1-4 1s cross and dance down to 2nd place
as 2s dance up
- 5-8 1s 1/2 figure 8 up through 2s
- B2 1-8 Partners start: 4 changes of rights & lefts



Salty Sweet

Duple minor longways, 2/2

Anna Rain, 2018

Music: "Umami" by Dave Wiesler

- A 1-4 All R-hand turn 1/2 with neighbor;
balance
- 5-6 1st corner diagonals cross
- 7-8 Those dancers hold that place, draw
partner to face them and take 2 hands
- 9-12 Half poussette CW
- 13-16 Balance with partner; 2s cast down
while 1s dance up (all home)
- B 1-8 "*Interrupted 1/2 double figure 8*" thus:
- 1-2 1s cast down *while* 2s cross up (pass L
shoulder and keep eye contact), all face
partner
- 3-4 All balance to partner (no hands)
- 5-6 2s cast down *while* 1s cross up (pass L
shoulder and keep eye contact), all face
partner
- 7-8 All balance to partner (no hands)
- 9-12 All R-hand star 1/2; turn single L
- 13-16 All L-hand star

Swept Away

Duple minor longways, 2/2

Jenny Beer, 2023

Music: “Bruce Hamilton’s Broomstick”

by Dave Marcus

- A 1-8 All dance up a double & back; all dance down a double & back (stay facing down)
- B 1-4 2s cast up and lead down *while* 1s lead down and cast up (end facing previous neighbors)
5-8 With previous neighbors: 2s dance down outside and lead up *while* 1s lead up and cast down (face original neighbor)
- C 1-8 All set to neighbor, turn single R; all circle
- D 1-4 2nd corners change R shoulder; 1st corners change R shoulder
5-8 All turn partner 1 1/2 (optional crossed hands)



Up With Aily

Duple minor longways, 3/2

Dancing Master I, 1651-1690

Music: "Hare's Maggot," Dancing Master I,
1701-1728

- A1 1 Form line of three: Top L-file dancer receives dancers on either side
2-3 Line of 3 dance forward for 3 & fall back
4 End dancers retire to place
5-6 L-file dancers progress (top dancer cast and bottom dancer curve up) *while* R-file dancers turn single up (R)
- A2 1 Form line of three: Top R-file dancer receives dancers on either side
2-3 Line of 3 dance forward for 3 & fall back
4 End dancers retire to place
5-6 R-file dancers progress (top dancer cast and bottom dancer curve up) *while* L-file dancers turn single up (L); all progressed
- B 1-4 1s dance back-to-back; 1s cast up as 2s dance down
5-6 All circle
7-8 1s cast down (2s dance up)

Ball Review Session

2:00 to 5:00 pm

Silver Spring Civic Building

Led by Melissa Running

Music by Elke Baker (fiddle) &

Liz Donaldson (keyboard)

Break

5:00 to 7:00 pm

Dinner on your own. There are many restaurants within walking distance of the Civic Center.

Reception & Ball

Reception from 7:00 to 7:30 pm

Ball from 7:30 to 11:00 pm

Transportation & Parking

Public transportation encouraged! Metro stop is Silver Spring (Red Line). Public parking available at Town Square Garage for \$1.25 per hour. Use 801 Ellsworth (garage address) for GPS navigation. Please don't park in the open-air Whole Foods lot.

Index

2024 Ball Order	1
Dance Description Conventions.....	2

Dances

Double Visit	3
First String	4
Gigue for Genny.....	6
Heartfelt.....	7
Hudson Barn.....	8
Jack's Health	9
Lovers' Knot.....	10
Mary K	11
Michedonia	12
Mister Isaac's Maggot	13
Money Musk	14
The Old Batchelor	15
Pacific Crest	16
Portsmouth	17
SaltySweet	18
Swept Away	19
Up With Aily.....	20
Schedule	Inside back cover